

# February 2024

## House 3 Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<i>National Dark Chocolate Day</i> 10:00 Make Your Own Dark Chocolate 11:00 Yoga with Andi 2:30 Flower Arranging <sup>1</sup>	<i>Groundhog Day</i> 10:00 Groundhog Day Craft 10:30 Music: Mike Frankel 2:30 Groundhog Day Craft and Trivia <sup>2</sup> 4:00 Mocktail Hour	10:00 Chair Exercise 10:30 Bingo 3:00 Movie and Popcorn-Groundhog Day <sup>3</sup>
10:30 Chair Exercises 11:00 Worship Video: Blessing 1:00 Listen to Hymns <sup>4</sup> 3:00 Watercolor Painting	10:00 Bible Study w/ Gail 10:30 Chair Dance Practice 2:30 Bingo <sup>5</sup>	10:00 Manicures 2:30 Stained Glass Craft 4:00 Chair Tai Chi <sup>6</sup>	10:00 Chair Yoga 10:30 Singalong 2:30 Heart Pillow Craft <sup>7</sup>	10:00 Watercolor Painting: Crayon Resist Heart 11:00 Yoga with Andi 2:30 Flower Arranging <sup>8</sup>	10:00 Chair Exercise 10:30 Pen Pals Craft 4:00 Balloon Volleyball <sup>9</sup>	<i>Chinese New Year</i> 10:00 Chair Exercise 10:30 Scratch Off Tickets 2:00 Music: Brandon Perry 3:00 Movie and Popcorn-Maestro <sup>10</sup>
<i>Super Bowl Sunday!</i> 11:00 Worship Video: Hospitality 1:00 Listen to Hymns 3:00 Watercolor Painting 5:30 Super Bowl on CBS <sup>11</sup>	10:00 Bible Study w/ Gail 10:30 Chair Dance Practice 2:30 Bingo <sup>12</sup>	10:00 Mardi Gras Masks 1:30 Watch Mardi Gras Parade 4:00 Balloon Volleyball <sup>13</sup>	<i>Valentine's Day</i> 10:00 Chair Yoga 10:30 Valentine's Painting 2:00 Music Therapy with Luisa 3:00 Music: David Donahue <sup>14</sup>	10:00 Homemade Music Shakers 11:00 Yoga with Andi 1:30 Music: Accoustix Crossroads <sup>15</sup> 2:30 Storytelling	10:00 Chair Exercise 10:30 Watercolor Paintings 1:30 Pet Therapy: Mini Horses 4:00 Reminiscing <sup>16</sup>	<i>Random Acts of Kindness Day</i> 10:00 Chair Exercise 10:30 Decorate Cookies 11:00 Music: Sam the Music Man 3:00 Movie and Popcorn-School of Rock <sup>17</sup>
10:30 Chair Exercises 11:00 Worship Video: Generosity 1:00 Listen to Hymns 3:00 Watercolor Painting <sup>18</sup>	10:00 Bible Study w/Gail 10:30 Chair Dance 12:00 Music: Austin Swarts 2:30 Bingo <sup>19</sup>	10:00 Manicures 2:30 Storytelling 4:00 Chair Tai Chi <sup>20</sup>	10:00 Yarn Bookmark Craft 11:00 Bible Study with Misty 2:30 Table Airhockey <sup>21</sup>	10:00 Ball Games 11:00 Yoga with Andi 2:30 Flower Arranging 4:00 Sensory Discovery <sup>22</sup>	<i>National Banana Bread Day</i> 10:00 Chair Exercise 10:30 Eat Banana Bread 2:00 Music Therapy w/ Luisa <sup>23</sup> 4:00 Mocktail Hour	10:00 Chair Exercise 10:30 Bingo 1:30 Music: Norris Perry 3:00 Movie and Popcorn-Fried Green Tomatoes <sup>24</sup>
10:30 Chair Exercises 11:00 Worship Video: Loyalty 1:00 Listen to Hymns 3:00 Watercolor Painting <sup>25</sup>	<i>National Cupcake Day</i> 10:00 Bible Study w/ Gail 10:30 Chair Dance 2:30 Bingo <sup>26</sup> 4:00 Decorate Cupcakes	10:00 Cups and Pompoms 2:15 Pet Therapy: Wunder the Dog 2:30 Special Guest: Baby Cooper <sup>27</sup> 4:00 Chair Tai Chi	10:00 Chair Yoga 10:30 Large Dominoes Game 2:30 Storytelling <sup>28</sup>	<i>Leap Day</i> 10:00 Leapfrog Beanbag Toss 11:00 Yoga with Andi 2:30 Flower Arranging <sup>29</sup>		