

February 2024

House 4 Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<i>National Dark Chocolate Day</i> 11:30 Daily Chronicle Discussion 12:00 Yoga with Andi 1:30 Flower Arranging 2:30 Make Your Own Dark Chocolate 1	<i>Groundhog Day</i> 11:30 Music: Mike Frankel 1:00 Chair Exercise 1:30 Groundhog Day Craft and Trivia 2 2:30 Cocktail Hour	<i>Dale's Birthday!</i> 1:00 Chair Exercise 1:30 Celebrate Dale 2:00 Birthday Bingo 3:00 Movie and Popcorn-Groundhog Day 3
11:00 Worship Video: Blessing 1:00 Chair Exercise 1:30 Daily Chronicle Discussion 4 3:00 Dominoes	1:00 Chair Dance Practice 1:30 Resident Council 2:30 Heart Pillow 5	1:00 Chair Dance Practice 1:30 Manicures 2:30 Pen Pal Crafts 6	1:00 Chair Dance Practice 1:30 Make Your Own Scratch Offs 7 2:30 Paint by #s	12:00 Yoga with Andi 1:30 Flower Arranging 2:30 Skip Bo 8	1:00 Chair Exercise 1:30 Music: Piano by Henry 2:30 Heads Up Game 9	<i>Chinese New Year</i> 1:00 Bingo 1:30 Music: Brandon Perry 3:00 Movie and Popcorn-Maestro 10
<i>Super Bowl Sunday!</i> 11:00 Worship Video: Hospitality 1:00 Chair Exercise 1:30 Discuss Daily Chronicle 5:30 Super Bowl on CBS 11	1:00 Chair Dance Practice 1:30 Painting with a Twist by Casey 12 2:30 Bingo	1:00 Chair Dance Practice 3:00-5:00 Mardi Gras Party, Caricature Artist, Bean Bag Baseball 13	<i>Valentine's Day</i> 1:00 Chair Dance Practice 1:30 Music: Red River Roses 3:00 Music Therapy with Luisa 14	12:00 Yoga with Andi 1:30 Flower Arranging 2:30 Canasta 15	11:00 Music: Andy Goin 1:00 Chair Exercise 1:30 Pet Therapy: Mini Horses 2:30 Share Pictures of Kids and Grandkids 16	<i>Random Acts of Kindness Day</i> 1:00 Bingo 1:30 Decorate Cookies 3:00 Movie and Popcorn-School of Rock 17
11:00 Worship Video: Generosity 1:00 Chair Exercise 1:30 Daily Chronicle Discussion 18 3:00 Dominoes	12:00 Music: Austin Swarts 1:00 Chair Dance Practice 1:30 Bingo 19	1:00 Chair Dance Practice 1:30 Meet Lake Charles Pen Pals via Zoom 2:30 Manicures and Cranium Crunch 20	12:00 Bible Study with Misty 1:00 Chair Dance Practice 1:30 Painting with Connie 2:30 Yarn Bookmark Craft 21	12:00 Yoga with Andi 1:30 Flower Arranging 2:30 Embroidery 22	<i>National Banana Bread Day</i> 1:00 Chair Exercise 1:30 Bake Banana Bread 3:00 Music Therapy w/ Luisa 23 3:30 Cocktail Hour	1:00 Chair Exercise 1:30 Bingo 2:00 Music: Norris Perry 3:00 Movie and Popcorn-Fried Green Tomatoes 24
11:00 Worship Video: Loyalty 1:00 Chair Exercise 1:30 Daily Chronicle Discussion 25 3:00 Dominoes	<i>National Cupcake Day</i> 1:00 Chair Dance Practice 1:30 Bingo 26 2:30 Decorate Cupcakes	<i>National Kahlua Day</i> 1:00 Chair Dance Practice 1:30 Special Guest: Baby Cooper 2:00 Pet Therapy: Wunder the Dog 2:30 Kahlua and French Press Coffee 27	1:00 Chair Dance Practice 1:30 Candy Kisses Auction w/ Christina 28 2:30 Jewelry Making 28	<i>Leap Day</i> 12:00 Yoga with Andi 1:30 Flower Arranging 2:30 Leap Day Origami 29		